



A support initiative for children who have a sibling with a disability

**FREE!**

This support initiative is designed for children aged 8-12 years old who have a sibling with a disability. Interchange Illawarra Sibs events will give siblings a chance to connect with others in a similar situation, and enjoy some time out that's all about them!

**8 OCTOBER 2026**

**LASER TAG @ TIMEZONE**



We invite you to join us for **3** games of Laser Tag at Timezone Illawarra.

- Thursday 8 October 2026, 10am-12pm.
- Drop off and pick up from the Interchange Illawarra Southern Office at 153 Pur Pur Avenue, Lake Illawarra.
- Children will need to wear enclosed shoes.

Email [sibs@interchangeillawarra.org](mailto:sibs@interchangeillawarra.org) to express your interest in attending this Sibs event.

Please note the person with a disability does not need to be an Interchange Illawarra participant. We welcome enquiries from all families.

## Interested?

Please email us on [sibs@interchangeillawarra.org](mailto:sibs@interchangeillawarra.org) to let us know your child is interested in attending the Sibs Laser Tag activity and we will be in touch.

If you are interested in future events, but not available for this one, please let us know so we can add you to the mailing list for future events.

## Support Workers

Interchange Illawarra Support Workers all have:

- First Aid Certificate
- Working With Children Check
- Police Check
- NDIS Worker Check
- Driver's Licence & comprehensively insured vehicle