

MAY

All activities run from 10am-3pm unless otherwise specified.

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|---|---|---|---|
| Saturday 2 May Option 1 | Saturday 2 May Option 2 | Saturday 9 May Option 1 | Saturday 9 May Option 2 |
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| Train trip to Kiama | Card Making | Bowling | BBQ Day |
| Join us for a train trip to Kiama. | We're getting creative with card making. | Will you get a strike? Join us for ten pin bowling. | We're having a barbeque feast for lunch today. |
| Cost: Bring your Opal card and money for lunch | Cost: \$10 lunch included | Cost: \$20 lunch included. | Cost: \$10 lunch included |

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| Saturday 16 May Option 1 | Saturday 16 May Option 2 | Saturday 23 May Option 1 | Saturday 23 May Option 2 |
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| Country Music Race Day | Pizza Day | Berry Celtic Festival | Arts and Crafts |
| We're off to Kembla Grange Racecourse for a special country music race day. | What's your favourite topping? Join us for pizza day. | We are off to the Celtic Festival in Berry! | We're getting creative with arts and crafts. |
| Cost: \$10 + bring money for lunch | Cost: \$10 lunch included | Cost: \$20 + money for lunch | Cost: \$10 lunch included |

MAY & JUNE

All activities run from 10am-3pm unless otherwise specified.

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| <p>Saturday 30 May Option 1</p> | | <p>Saturday 30 May Option 2</p> | | <p>Saturday 6 June Option 1</p> | | <p>Saturday 6 June Option 2</p> | |
| <p>Holey Moley</p> | | <p>Soup Day</p> | | <p>Bon Rean Highlands Farm Tour</p> | | <p>Bingo</p> | |
| <p>We're off to Holey Moley!</p> | | <p>Join us for a delicious soup lunch.</p> | | <p>Join us for the Bon Rean Highlands Farm Tour.</p> | | <p>Join us for Bingo fun.</p> | |
| Cost: | \$20 + money for lunch | Cost: | \$10 lunch included | Cost: | \$40 pre-paid + bring money for lunch | Cost: | \$10 lunch included |

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|--|---------------------|---|---------------------|--|-----------------------|--|---------------------|
| <p>Saturday 13 June Option 1</p> | | <p>Saturday 13 June Option 2</p> | | <p>Saturday 20 June Option 1</p> | | <p>Saturday 20 June Option 2</p> | |
| <p>Bowling</p> | | <p>Karaoke</p> | | <p>Lunch @ The Pub</p> | | <p>Pamper Day</p> | |
| <p>We're going ten pin bowling. Will you get a strike?</p> | | <p>Get ready to sing! What's your favourite karaoke song?</p> | | <p>We're off to a local pub for lunch.</p> | | <p>Join us for a day of pampering.</p> | |
| Cost: | \$20 lunch included | Cost: | \$10 lunch included | Cost: | Bring money for lunch | Cost: | \$10 lunch included |

JUNE

| Saturday 27 June Option 1 | | Saturday 27 June Option 2 | |
|------------------------------|------|--|---------------------|
| | | | |
| Laser Tag | | Arts and Craft | |
| Join us for laser tag fun. | | Unleash your creative side with arts and crafts. | |
| Cost: | \$20 | Cost: | \$10 lunch included |

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ACTIVITY SUGGESTIONS



If you have an idea for an activity for any of our Social Support programs, please let us know by emailing socialsupport@interchangeillawarra.org or calling the office on 4227 1079.

We always try to include new activities in our program and welcome your suggestions!

NIGHTLIFE SOCIAL



Interchange Illawarra offers fun social get togethers on Thursday and Friday nights as part of our NightLife Social program.

Activities include things like ten pin bowling, dinner at a local club, Thursday night shopping, movies, glow bowling and the DanceAbility Disco's.

Enjoy a night out with friends!

SHORT TERM RESPITE



If your NDIS plan includes short-term respite, you can enjoy a stay with a Support Worker at our villa at Lake Illawarra or our cottage at Evans Street. Both houses are in great locations!

We have lots of availability, especially on weekday nights.

Interested? Talk to your Support Planner today.