

PEER SUPPORT WEEKDAYS



JANUARY & FEBRUARY 2026



Friday 2 January	Monday 5 January	Tuesday 6 January Option 1	Tuesday 6 January Option 2	Friday 9 January
Water Fun Day	Cooking Program	Art & Craft	Lunch @ the Club	Movies
Join us for a water fun day. Don't forget to bring your swimmers and a towel.	Join us for the cooking program where you can improve your cooking skills and eat the results.	Unleash your creative side with art and craft.	We're off to a local club for lunch and socialising.	We're off to the cinema to see a new release movie.
Time: 9am-3pm	Time: 9am-3pm	Time: 9am-3pm	Time: 9am-3pm	Time: 9am-3pm

Monday 12 January	Tuesday 13 January Option 1	Tuesday 13 January Option 2	Friday 16 January
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Cooking Program	Games Day	Swimming	Laser Tag
	Gaines Day	3William B	Luser rug
Join us for the cooking program where you can improve your cooking skills and eat the results.	Join us for a fun day of board games and card games.	We're going to cool off with a refreshing swim.	Join us for a laser tag challenge.



Monday 19 January Option 1		Tuesday 20 January Option 2		Friday 23 January		
Cooking Program	Jodie	Shell Craft with e from Eclectic Bower	Kem	nbla Grange Race Day		Kiama Show
Join us for the cooking prog where you can improve yo cooking skills and eat the res	ur vvi+b l	e're making shell craft odie from Eclectic Bower.		in us for a fun day out Kembla Grange races.	G	et excited! We're off to Kiama Show.
Time: 9am-3pm	Time:	9am-3pm	Time:	9am-3pm	Time:	9am-3pm

Monday 26 January	Monday 26 January Option 1		Friday 30 January
Sorry WE'RE CLOSED			
Closed for the Public Holiday	Aussie BBQ	Op Shopping	Robbo Pie Shop
We're closed for the Australia Day public holiday.	Join us for an Aussie barbeque lunch today.	Join us for op shopping fun!	We're off to visit the famous pie shop at Robertson.



Monday 2 February	Tuesday 3 February Option 1	Tuesday 3 February Option 2	Friday 6 Februrary
Cooking Program	International Carrot Cake Day	Tuesday Tunes	Swimming
Join us for the cooking program where you can improve your cooking skills and eat the results!	We're going to cook and eat a carrot cake today!	Join us for Tuesday Tunes, includes a 2 course lunch and live music show at The Builders Club.	We're going for a refreshing swim!
Time: 9am-3pm	Time: 9am-3pm	Time: 9am-3pm	Time: 9am-3pm

Monday 9 February	Tuesday 10 February Option 1	Tuesday 10 February Option 2	Friday 13 February	
Cooking Program	Card Making	Fish & Chips @ Lake Illawarra	Picnic @ Royal National Park	
Join us for the cooking program where you can improve your cooking skills and eat the results!	Get creative and make some cards for your loved ones.	Join us for fish and chips at Lake Illawarra.	We're off to the Royal National Park for a picnic.	
Time: 9am-3pm	Time: 9am-3pm	Time: 9am-3pm	Time: 9am-3pm	



Monday 16 February	Tuesday 17 February Option 1	Tuesday 17 February Option 2	Friday 20 February
Cooking Program	Eco Printing with Jodie from Eclectic Bower	Train Trip	Lunch @ the Pub
Join us for the cooking program where you can improve your cooking skills and eat the results!	Jodie, from the Eclectic Bower, is going to teach us about Eco Printing.	Join us for a train ride.	Let's enjoy a leisurely lunch at a local Pub.
Time: 9am-3pm	Time: 9am-3pm	Time: 9am-3pm	Time: 9am-3pm

Monday 23 February	Tuesday 24 February Option 1	Tuesday 24 February Option 2	Friday 27 February
Cooking Program	Pyjama Day	Barefoot Bowls	Bunnings Craft Workshop
Join us for the cooking program where you can improve your cooking skills and eat the results!	Wear your pj's today.	Join us for barefoot bowling.	We are off to Bellambi Bunnings for a special craft workshop.
Time: 9am-3pm	Time: 9am-3pm	Time: 9am-3pm	Time: 9am-3pm