

17 December 2024

New centre and support program for people with disability in Church Street, Wollongong

Interchange Illawarra is excited to announce that we have moved into our purpose-built community centre and office located at 114 Church Street, Wollongong.

The centre comprises of a modern, open plan space for people with a disability to receive individual or group-based support with office accommodation on the first floor.

The building has been designed with high energy efficiency standards incorporating solar power and natural ventilation. It is fully accessible with a lift, accessible bathrooms and features indoor and outdoor areas for participants to enjoy. It is close to public transport and all-day parking.

‘This purpose-built centre allows us to offer people with disability a brand-new support program called *BestLife* which encompasses a wide variety of capacity building and leisure activities,’ said Jake Pearson, CEO of Interchange Illawarra. ‘We are excited to offer this innovative program which features a different focus each day, with Active Monday, Life Skills Tuesday, Outdoor Wednesday, Leisure Thursday and Creative Friday. There’s something for everyone.’

The *BestLife* Support Program, is designed for people (18+) with an NDIS plan and low to moderate support needs. Interchange Illawarra welcomes expressions of interest from existing and new participants, and from Support Planners/Coordinators.

The *BestLife* Support Program will commence on 6 January 2025.

Media Contact:

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About Interchange Illawarra:

Interchange Illawarra is a not for profit, community based, registered NDIS organisation providing quality flexible supports for people with disabilities. We have been in operation for over 43 years with particular expertise in working with people who have Autism spectrum disorder (ASD) and/or intellectual disabilities. We are proud of our Parents/Carer Health and Wellbeing Program that helps to support parents and carers of Interchange Illawarra participants.

www.interchangeillawarra.org