

# SOCIAL SUPPORT SOUTH

**2024** May & June

### MAY

Saturday 4 May	Saturday 11 May	Saturday 18 May	Saturday 25 May		
	CONC				
			Ten Pin Bowling		
Club Windang	Comic Gong	Race Day	Ten Pin Bowling		
<b>Club Windang</b> Join us for socialising and lunch at Club Windang.	<b>Comic Gong</b> Comic Gong is a celebration of comics, gaming, pop culture and cosplay, and the people who create and love them.	Race Day Join us for a fun race day at Kembla Grange Racecourse.	Ten Pin Bowling Will you get a strike? Join us for ten pin bowling fun.		

### JUNE

Saturday 1 June	Saturda	ay 8 June	Sat	urday 15 June	Sat	urday 22 June	Sat	urday 29 June
								9 3 0 ·
Cooking	Lase	er Tag	Warr	awong Markets	Ter	n Pin Bowling	Sci	ience Space/ lanetarium
						-	P	lanetarium
Join us as we cook up a delicious lunch today.	highest po	ou be the bint scorer at er Tag?		e going to explore rawong Markets.	ten j	Join us for pin bowling fun.	Scieno a dig Plane	ce Space features gitally advanced etarium and over ceractive exhibits.

# SOCIAL SUPPORT SOUTH PROGRAM INFORMATION



#### How to book

At Interchange Illawarra we are super flexible and you can choose the activities you want to do! For example, you don't have to book in for every Saturday, simply choose the activities that interest you and book in for those.

To confirm your place:

- email the friendly Social Support Team
  on
- socialsupport@interchangeillawarra.org
- or call our office on 02 4227 1079

#### Where do I go?

Unless otherwise stated the Interchange Illawarra Social Support South Group meet for activities at 10 Stanley Street, Lake Illawarra.

#### **Cancellation Policy**

If you can't make it to your booked event please cancel as soon as possible. The NDIS Cancellation Policy applies.

#### **Cost for Activities**

The cost for each of the activities is listed in the brochure. Sometimes there might be a need to bring additional money to purchase food or souvenirs/ gifts.

#### Contacting Interchange Illawarra during activities

If you need to contact the Interchange Illawarra staff while they are out on an activity the best contact is the Activity Support Person on 0411 140 691 or you can always contact the Interchange Illawarra office on 4227 1079 during office hours for other queries.

#### What to bring

Please bring a packed lunch, snacks, water bottle or adequate money to purchase lunch if it is not included with the activity cost. Other items that may be required include a hat and sunscreen. We encourage participants to wear weather appropriate clothing for each activity.

# Got an idea for an outing or activity?

We want to run activities that people will enjoy and love to hear new ideas from participants and carers. Call or email any time to let us know what your suggestions are.

## For more information about our Social Support Programs:

Please contact our office on 02 4227 1079 or email socialsupport@interchangeillawarra.org