

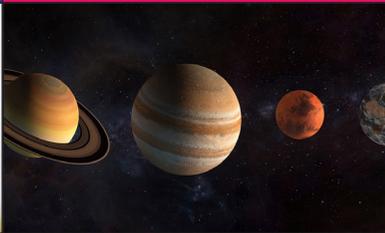
**MAY**

All activities run from 10am-3pm unless otherwise specified.

<p>Saturday 4 May Option 1</p>  <p><b>BBQ Day</b></p> <p>Join us for a delicious barbeque lunch.</p>	<p>Saturday 4 May Option 2</p>  <p><b>Movies (Star Wars)</b></p> <p>Join us to watch Star Wars at the movies. 10am-4pm</p>	<p>Saturday 11 May Option 1</p>  <p><b>Card Making</b></p> <p>Unleash your creative side while you make cards for your loved ones.</p>	<p>Saturday 11 May Option 2</p>  <p><b>Comic Gong</b></p> <p>Comic Gong is a celebration of comics, gaming, pop culture and cosplay, and the people who create and love them.</p>
<p>Saturday 18 May Option 1</p>  <p><b>Bingo Day</b></p> <p>Will you be our lucky winner on Bingo Day?</p>	<p>Saturday 18 May Option 2</p>  <p><b>Festival of Steam including steam train ride</b></p> <p>Join us for the Festival of Steam including a steam train ride, traction engines, vintage car show and live entertainment.</p>	<p>Saturday 25 May Option 1</p>  <p><b>Pizza Day</b></p> <p>What is your favourite type of pizza?</p>	<p>Saturday 25 May Option 2</p>  <p><b>Bundeena Ferry</b></p> <p>Join us for a day out in Bundeena including a ferry ride! 9am-3pm</p>

**JUNE**

All activities run from 10am-3pm unless otherwise specified.

<p>Saturday 1 June Option 1</p>	<p>Saturday 1 June Option 2</p>	<p>Saturday 8 June Option 1</p>	<p>Saturday 8 June Option 2</p>
			
<p><b>Art &amp; Craft</b></p>	<p><b>Club Windang</b></p>	<p><b>Lasagne Day</b></p>	<p><b>Ten Pin Bowling</b></p>
<p>Join us for art and craft activities today.</p>	<p>We're off to Club Windang for lunch and socialising.</p>	<p>Join us for a delicious lasagne lunch.</p>	<p>Will you get a strike? Join us for ten pin bowling.</p>
<p>Saturday 15 June Option 1</p>	<p>Saturday 15 June Option 2</p>	<p>Saturday 22 June Option 1</p>	<p>Saturday 22 June Option 2</p>
			
<p><b>Backyard Olympics</b></p>	<p><b>Science Space/Planetarium</b></p>	<p><b>Photography Day</b></p>	<p><b>Kembla Grange Race Day</b></p>
<p>Join us for some fun but competitive backyard Olympic challenges.</p>	<p>Science Space features a digitally advanced Planetarium and over 90 interactive exhibits.</p>	<p>Get creative with photography day.</p>	<p>Join us for a fun race day at Kembla Grange Racecourse.</p>



# PEER SUPPORT SATURDAY

# 2024 MAY & JUNE

## JUNE

<b>Saturday 29 June Option 1</b>	<b>Saturday 29 June Option 2</b>
	
<b>Social Day</b>	<b>Holey Moley</b>
<p>Join us for socialising with your friends.</p>	<p>We're off to Holey Moley for some mini golf.</p>

All activities run from 10am-3pm unless otherwise specified.



## NIGHTLIFE SOCIAL

Thursday 2 May	Friday 17 May	Thursday 23 May	Friday 31 May
			
<b>DanceAbility Disco</b> We're going to dance at the DanceAbility Disco at Albion Park Bowling Club.	<b>Outdoor Movie Night</b> Join us an outdoor movie and dinner at Evans Street.	<b>Ten Pin Bowling</b> Will you get a strike? We're going ten pin bowling.	<b>Dinner @ The Frat</b> Join us for dinner at the Fraternity Club.
Time: 4pm-9pm	Time: 5pm-10pm	Time: 4pm-8pm	Time: 6pm-9pm
Cost: \$10 entry (cash) + money for dinner if you wish to buy from bistro.	Cost: \$10 dinner included	Cost: \$20 + money for dinner	Cost: Bring money for dinner
Thursday 6 June	Thursday 13 June	Friday 14 June	Friday 28 June
			
<b>DanceAbility Disco</b> Join us for the DanceAbility Disco at Albion Park Bowling Club.	<b>Dinner @ Wests</b> Join us for dinner at Wests.	<b>Outdoor Movie Night</b> Join us an outdoor movie and dinner at Evans Street.	<b>Timezone</b> We're off to Timezone for some gaming fun!
Time: 4pm-9pm	Time: 4pm-8pm	Time: 5pm-10pm	Time: 6pm-9pm
Cost: \$10 entry (cash) + money for dinner if you wish to buy from bistro.	Cost: Bring money for dinner	Cost: \$10 dinner included	Cost: \$20 + money for dinner

MAY/JUNE 2024

Ask us about Thursday & Friday night social activities!

### WANT MORE INFORMATION?

Please contact Michael or Cat if you would like more information about the supports that Interchange Illawarra can provide you.

We have many social support programs or individual support options to suit your needs.

Email us on [socialsupport@interchangeillawarra.org](mailto:socialsupport@interchangeillawarra.org) or call the office on 4227 1079.

### WEEKENDS AWAY

Weekends Away offer short term accommodation to participants, with a group of their friends from the Social Support program.

Weekends Away give participants a chance to increase their independence, practice their daily living skills, and spend time away from their primary carers.

### NIGHTLIFE SOCIAL

Interchange Illawarra runs fun social get togethers on Thursday and Friday nights.

The program includes outings like ten pin bowling, dinner at a local club, movies and the DanceAbility Disco at Albion Park Bowling Club.

Enjoy a night out with friends!

### SATURDAY GROUPS

We offer Saturday Social Support Groups at Lake Illawarra and Wollongong.

The program includes outings like visiting the cinema, swimming, ten pin bowling, Timezone, fishing, craft days, mystery day trips and much more.

### SHORT HOLIDAYS!

Interchange Illawarra offer short holidays to participants from our Social Support Groups.

We have been to some amazing locations like Cairns, The Entrance, Historic Beechworth, Great Ocean Road, Hawkesbury Houseboat and Tasmania.